Who am I and what makes me tick?
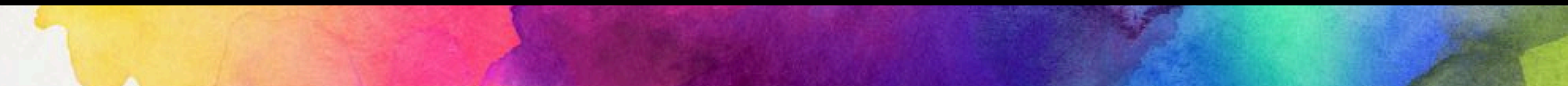
Angela Rios

Alondra Ramirez

Maria Fernandez

What is your dominant color personality, and how does it align with typical educator profiles?
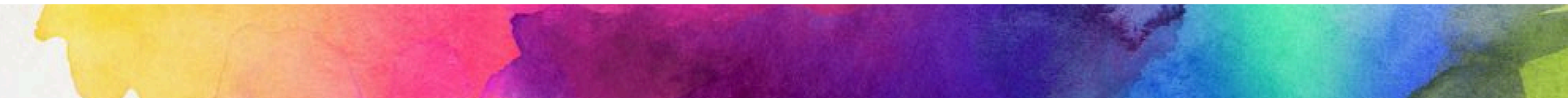
Maria Fernandez

This analysis uses the DISC Personality Test framework. The three main colors that define my personality are Supportive <u>Blue</u>, Cautious <u>Yellow</u>, and Dominant <u>Green</u>. The personality type of educator suits me well. I establish a nurturing classroom atmosphere through my blue supportive traits, which creates safety and worth for students. The yellow part of my personality makes me plan and think before acting in my teaching and problem-solving. My green dominant personality enables me to lead groups and make choices and drive others toward their objectives. My ability to balance people-focused and goal-driven approaches enables me to maintain student relationships while keeping my eyes on the targets. The combination of my traits allows me to guide people toward success while remaining flexible.
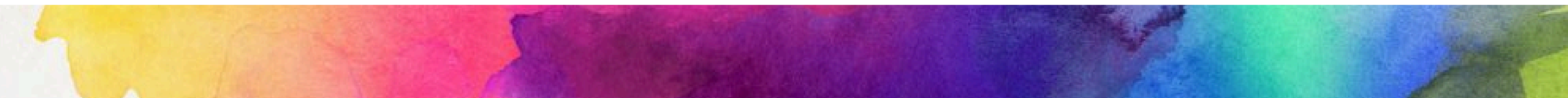
What is your dominant color personality, and how does it align with typical educator profiles?

My dominant color is green over yellow, which means I am a socializing thinker. This aligns very well with the typical educator profile because I tend to be both analytical and empathetic. I enjoy helping others and have high expectations for myself and my students. This combination allows me to connect with my students—especially with the unique needs of young children—understand their needs, and at the same time maintain a structured approach to learning.

According to Equilibria (2018), individuals with this personality type balance logic and emotion, often excelling in environments that require both human connection and thoughtful planning, such as education.

Angela Rios

How might your color personality influence your teaching style and interactions with students?

Maria Fernandez

The True Colors test produced results in red, green and blue. The same score of 14 indicates that I need to develop my yellow organizational side. My teaching approach demonstrates my red personality because I strongly value both freedom and spontaneity. Students receive freedom to use class time creatively while staying within established boundaries which creates memorable learning experiences that extend beyond the classroom. My blue traits help me focus on student needs while providing emotional support to create an environment of safety for my learners. My green traits help me lead with confidence while focusing on results and implementing innovative approaches to maintain student engagement. All my effort is to create a classroom environment to balance between flexibility, structure and creativity which enables students to succeed both academically and personally.
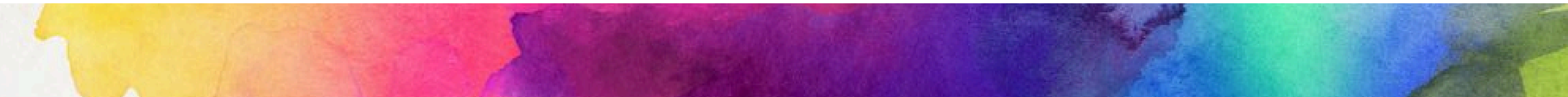
In what ways can you leverage your unique color strengths to enhance your leadership in an educational setting?

Maria Fernandez

My leadership in education is based on my most important characteristics, which are my love for experiences, confidence, a problem-solving approach, a people-oriented attitude, and honesty. These qualities work together to improve my abilities and describe my leadership approach. I develop meaningful experiences to establish engaging and impactful learning environments. My confidence allows me to lead others with clarity while gaining their trust through my problem-solving abilities which help me tackle challenges effectively and develop practical solutions. My people-first approach helps me establish strong relationships that foster teamwork while my dedication to honesty builds an environment based on trust and respect. These strengths allow me to develop as a leader while building an energetic educational environment that enables everyone to achieve their goals.

How can you adapt your leadership approach to effectively communicate with colleagues who have different color personalities?

Angela Rios

To communicate effectively with colleagues who have different color personalities, I've learned how important it is to adapt my approach based on their communication style and needs. A while ago, we did a similar personality activity in the school district where I work, and honestly, it was a gift. Becoming aware of my own personality and learning about my coworkers' colors helped us recognize and value each other's strengths—that's when real, effective teamwork starts to happen.

For example, as a green over yellow (a socializing thinker), I tend to be very reflective and detail-oriented. But when I collaborate with someone who is red (a doer), I try to be more direct and focused on actions. When I'm working with someone who is blue (a relater), I prioritize building trust and showing empathy. This kind of awareness has helped me avoid misunderstandings, listen more intentionally, and strengthen our collaboration. Pressing "PAUSE" before responding and "PLAY" to adjust how I communicate has made a big difference in my relationships at work.

According to Equilibria (2018), understanding our dominant E-Colors and those of others helps create stronger communication, more empathy, and better teamwork.

Reflect on your colors personality and how to utilize it as an education leader any extra thoughts?!

Angela Rios

Reflecting on my color personality, I recognize that my dominant traits—Supportive Blue, Cautious Yellow, and Dominant Green—shape the way I teach, lead, and connect with others.

As a Supportive Blue, I deeply value human relationships and emotional safety. These qualities allow me to create a positive classroom environment where students feel heard, valued, and safe. As a teacher, I believe that emotional well-being is the foundation for meaningful and lasting learning, and students naturally carry this sense of well-being into their homes, which is why I often receive positive feedback from families.

My Cautious Yellow side helps me stay organized, detail-oriented, and thoughtful. I enjoy carefully planning lessons, establishing clear routines, and staying focused on goals. This trait allows me to support my students in a structured way while still being flexible when needed.

On the other hand, my Dominant Green traits drive me to always seek improvement, results, and new ideas. I feel motivated by innovation—especially in using educational technology to help young children learn in meaningful and joyful ways. This mindset encourages me to lead by example, always striving to grow and to help others grow as well.

Final reflection: I've learned that leadership is not about imposing, but about inspiring. Understanding my personality has given me clarity on how to use my strengths to motivate others, build community, and face challenges with empathy, organization, and determination. As a future educational leader, my goal is to continue leading with both heart and vision—knowing that we can create a powerful impact starting right from the classroom.

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Final Thoughts:

Knowing our personalities helps us communicate better and grow as a team. In the end, every color adds value—and together, we paint a brighter picture.
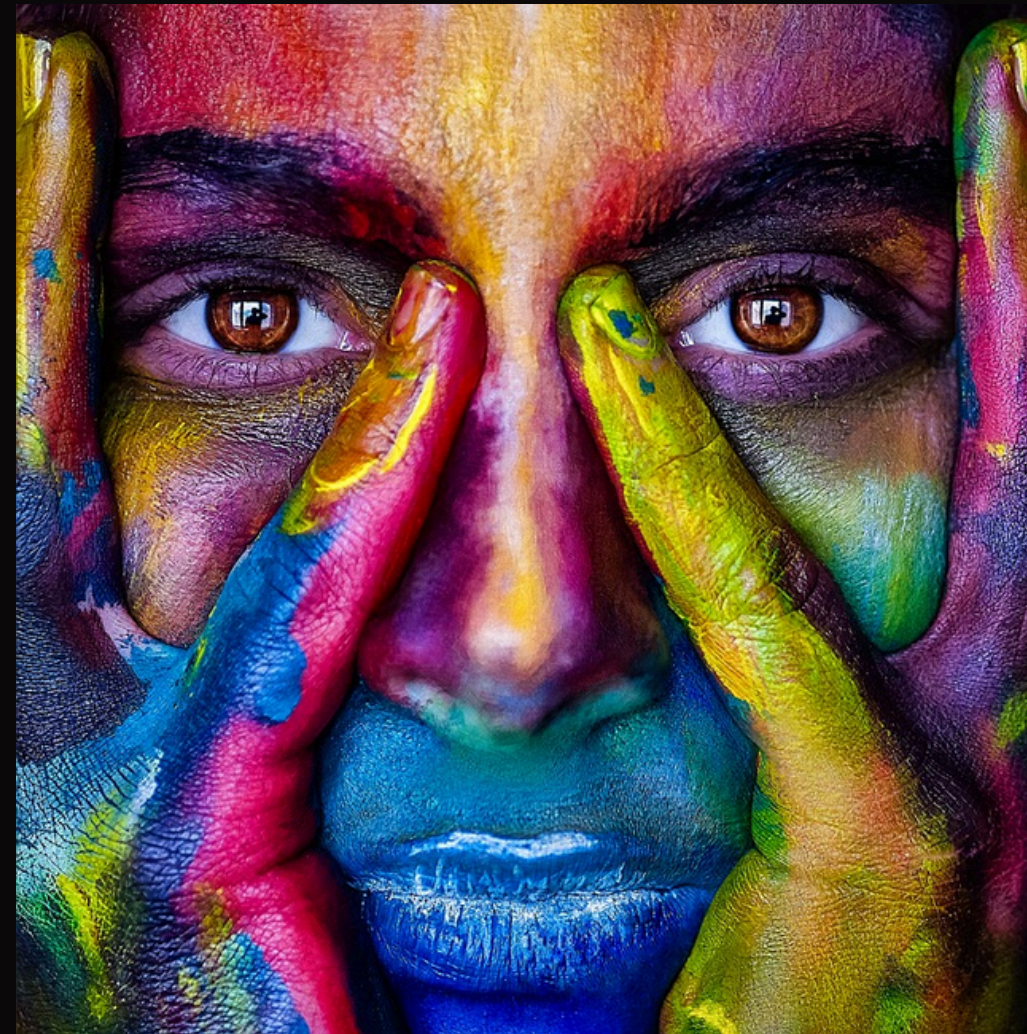
Alondra Ramirez   Maria Fernandez   Angela Rios